



“I Am...” Poem Reflection and Activity

Materials Needed:

1. Pens and Paper
2. Poem concept examples. Found at:
<http://www.tnellen.com/cybereng/portrait.html>

Learning Objectives:

1. Students will be able to articulate how their personality and past experience combine to create various skills and attributes that they can describe.
2. Students will think of the attributes that make them who they are and how that correlates to the service they are experiencing.
3. students will write an “I am” poem that will show their unique challenges and strengths found in their identity.

Overview:

1. Ask group to gather around a circular table. First, explain that this activity is a chance to identify their personal qualities and how their identity plays a role in their service experiences.
2. Pass out copies of the 8 various forms that student can create their “I am” poem. Let students pick a version to use and have them begin constructing their own “I Am” poems. -15 mins
3. Gather students back and have each student read their personal poem. Led into discussion questions.

Discussion Questions:

1. Was the activity challenging? What was difficult?
2. What attribute of your personality did you utilize most during your service this semester?
3. What attribute or experience that was in your poem that came to mind most this past semester during your service experience?
4. How can you continue to utilize your personal qualities to create more successful moments? Why do you think it is important to be able to articulate and understand who you are and what drives you?